

	Early Years Foundation Stage- N	Early Years Foundation Stage – Rec	KS1- Cycle A	KS1- Cycle B
Aut1	PSSED New friends. Belonging. Exploring new environment. Feelings Rules – Class Charter Sometimes manage to share or take turns with others, with adult guidance and understanding 'yours' and 'mine'. Settle to some activities for a while.	PSSED New Beginnings New friends. Belonging Exploring new environment. Feelings Rules- Class Charter Brown Bear, Brown Bear Friendship, presents, manners Keeping our environment tidy. Dreams and Day Dreams	PSHE- New Beginnings. Being Healthy and Staying Safe Different feelings. Class feelings chart. Recognising ours and others feelings. How to keep our bodies healthy. Personal hygiene and its importance. How household products and medicines can be harmful if not used correctly.	PSHE- New Beginnings. Being Healthy and Staying Safe Different feelings. Class feelings chart. Belonging and how everyone is important. Problems and how to resolve them. How household products and medicines can be harmful if not used correctly. Making healthy choices.
Aut2	PSSED Anti-Bullying Week/Be Kind Week Select and use activities and resources, with help when needed. This helps to achieve a goal children have chosen, or one which is suggested to them. Remember rules without needing an adult to remind them. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.	PSSED Getting on and Falling Out Anti-Bullying Week/Be Kind Week Road safety. People who help us. Our community. Working together to create a web. Rules/Class Charter. Friends Being helpful and kind. Getting dressed and undressed ourselves. Independence. Families. Online safety Being helpful and kind. Working together.	PSHE- Keeping ourselves and others safe. Getting on and Falling out Anti-Bullying Week/Be Kind Week What is good friend? What can we do to be a good friend? How bodies and feelings can be hurt. What is bullying? What can we do about it? Not keeping secrets that make us feel uncomfortable, anxious or afraid. Asking for help. Appropriate and inappropriate touches. Keeping safe in familiar and unfamiliar situations.	PSHE- Keeping ourselves and others safe. Getting on and Falling out Anti-Bullying Week/Be Kind Week What is bullying? What can we do about it? How to ask for help if they are worried. Privacy in different contexts. Good and bad touches. Keeping safe in familiar and unfamiliar situations. Feelings and how to share them. People who help us. How to get help in an emergency.
Spr1	PSSED Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations. Children's Mental Health Week.	PSSED Going for goals New Years Resolutions. Class Targets. Working together. Achievements. Class Targets Individual targets How we change as we grow up. Online safety. Children's Mental Health Week	PSHE- Going for Goals and Responsibility Childrens' Mental Health Week. New Years Resolutions. How we learn and how important a 'Positive Growth Mindset' is. Similarities and differences. How to solve a problem. Children's Mental Health Week.	PSHE- Going for Goals and Responsibility Childrens' Mental Health Week New Years Resolutions. How we learn. Setting short term goals. Setting long term goals. Children's Mental Health Week.

<u>Spr2</u>	<p><u>PSED</u> Develop appropriate ways of being assertive.</p> <p>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</p> <p>Understand gradually how others might be feeling.</p>	<p><u>PSED</u> <u>Good to be me</u> When we feel excited and why. What is in the box? Compliments and how they make us feel. Feeling calm and strategies to achieve this. Noisy and quiet times. Friendships - likes and dislikes. Feelings.</p>	<p><u>PSHE-</u> <u>Good To Be Me</u> Feeling proud. Ours and others needs and rights. Which groups and communities we belong to. Everyone being unique. Special people in our lives. Feelings and how to manage them.</p>	<p><u>PSHE-</u> <u>Good To Be Me</u> Online safety. Sending messages. How we are all special and important. Feeling proud. Respecting the needs of ourselves and others. Feelings and how to manage them.</p>
<u>Sum1</u>	<p><u>PSED</u> Develop their sense of responsibility and membership of a community. Play alongside others.</p> <p>Engage in co-operative play.</p> <p>Take part in pretend play (for example, being 'mummy' or 'daddy'?)</p> <p>Take part in other pretend play with different roles - being the Gruffalo, for example?</p>	<p><u>PSED</u> <u>Feelings and relationships</u> Missing someone or something. Loss, Love, Saying goodbye. Feelings - worry, anxious. Owl Babies, Fair and unfair situations. Cinderella, Tyrone the Terrible Fair and unfair situations Farmer Duck</p>	<p><u>PSHE-</u> <u>Managing Feelings/Relationships</u> Change and loss. Different feelings and how to manage them. Privacy in different contexts. Feelings and strategies to manage them. Similarities and differences.</p>	<p><u>PSHE-</u> <u>Managing Feelings/Relationships</u> Recognising our feelings and the feelings of others. Stress. What can make us feel stressed and what can we do about it. Different types of behaviour and how it can make others feel. Listening and cooperative play.</p>
<u>Sum2</u>	<p><u>PSED</u> Generally negotiate solutions to conflicts in their play? Increasingly independent in meeting their own care needs, e.g. putting on own coat, fastening coat, brushing teeth, using the toilet, washing and drying their hands thoroughly. Make healthy choices about food, drink, activity and tooth brushing.</p>	<p><u>PSED</u> <u>Changes - Moving on</u> Feelings. Happy memories Goals achieved Understanding and coping with different feelings. Trip work - TBC What is your goal today/tomorrow? Hygiene. Personal health. Mental health Discussing change and the feelings related to that.</p>	<p><u>PSHE-</u> <u>Changes</u> Local environment and beyond. Where money comes from and what it is used for. The importance of school and long term goals. Growing, changing and becoming more independent. Keeping safe. Changes.</p>	<p><u>PSHE-</u> <u>Changes</u> Money, where it comes from and how to keep it safe. Our local environment and how to look after it. Growing, changing and becoming more independent. Staying safe. Change is part of life.</p>