

PE Vision Statement

What are we trying to achieve in PE?

At Purlwell, we believe every child should have the opportunity (through regular PE sessions) to develop the physical confidence and competence to enjoy being physically active. These regular PE sessions will develop not only the physical literacy and physical skills, but it will allow pupils to learn about themselves, the importance of a healthy, active lifestyle, self-expression and concepts such as fair play and respect. It will also contribute to the development of a range of important cognitive skills, such as decision making and analysis, social skills such as teamwork and communication alongside other research led outcomes such as improving concentration, self-esteem and lowering stress.

Our school is working hard to include regular physical activity throughout the day to ensure children have brain breaks to stay focussed and alert as well as developing lifelong habits and understanding the importance of exercise in their day to day life.

We are improving our programme of intra and inter school competitions which will provide opportunities for pupils to participate in competitive sports and activities. Due to limited experiences outside of school, because of other factors such as attending mosque, we try to ensure we provide the children with as many opportunities and activities as possible.

How is the subject taught?

We recognise that in order for all pupils to progress, they need to be confident across each of their yearly objectives. Our PE curriculum covers the knowledge and skills outlined in the National Curriculum and EYFS document in a progressive manner, allowing children to be supported and/or extended where necessary.

In Foundation stage, children have regular access to outdoor provision, allowing them to develop their gross motor skills through the use of the climbing frame, bikes and scooters, balls, large building blocks and playing games such as what's the time Mr Wolf? Nursery children also complete regular physical activities indoors such as dancing, parachute, big write, rolling a ball & moving around the nursery area in different ways. Reception children have weekly access to the hall for a taught PE session which begins to develop the fundamental skills needed as they move throughout school.

In KS1, we provide opportunities for pupils to further develop the fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. Over the course of the year this covers dance, gymnastics and a variety of games.

Reasonable adjustments are made to the curriculum to support SEND learners.

Key Skills

- Throwing (in a variety of ways)
- Catching
- Running
- Jumping
- Agility
- Balance
- Co-ordination
- Attacking and defending
- Passing and receiving
- Moving to music
- Working as a team

Key Values

- Resilience
- Confidence
- Determination
- Perseverance
- Enjoyment
- Motivation
- Improving

Impact

Through our progressive skill based curriculum we are measuring the children's ability in each area in relation to their varied starting points, striving for them to meet their age-related expectations for their year group. We intend the impact of our PE curriculum will ensure children leave our school with the fundamental skills needed to prepare them for the next step in their physical education and the enjoyment of being physically active.

SMSC / PSHE / British Values

Cultural;

- Talking about sporting events which occur globally (i.e. world cups / Olympics)
- Rituals in sports and games (i.e The Haka)

Moral;

- Discuss and promote fair play and team work
- Showing respect for others, equipment and the environment
- Demonstrating positive sporting behaviour
- Displaying qualities such as self-discipline, commitment, perseverance

Social;

- Promoting team work throughout lessons supporting one another to develop their skills in a cooperative situation.
- Building a sense of community by taking part in events (festival, sports day, competitions)

Spiritual;

- Explore creativity through producing Dance and Gymnastic routines
- Lessons focusing on Team building – Motivation, determination and character building
- Being aware of own strengths and limitations